

Cervical Cancer

Cervical Cancer:

Cervical cancer is a common type of cancer that occurs in females due to abnormal cell growth in the cervix (the organ that connects the uterus to the vagina).

Causes of Cervical Cancer:

- 1. Human papillomavirus (HPV) infection, which is mainly transmitted through sexual contact.
- 2. In some cases, it may result from poor personal hygiene.
- 3. It can result from forbidden sexual relations with more than one sexual partner.
- 4. Some studies have found a link between smoking and cervical cancer.
- 5. It can result due to having acquired immunodeficiency syndrome (AIDS).

Symptoms and Signs of Cervical Cancer:

- 1. Vaginal bleeding between menstrual periods.
- 2. Frequent vaginal discharge.
- 3. Pelvic pain or pain during intercourse.
- 4. This may be accompanied by bone pain or pain in the lower abdomen.
- 5. Weight loss and general fatigue.

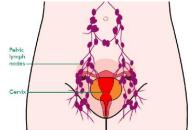
Cervical Cancer Diagnosis:

- 1. Physical examination and a colposcopy.
- 2. A Pap smear: In this procedure, the doctor scrapes cells from the cervix and examines them under the microscope.
- 3. The doctor may need to take a biopsy of the cervical cells and examine them under a microscope in the lab.
- 4. Blood test.



Cervical Cancer Prevention:

- 1. Get vaccinated against HPV (Human papillomavirus).
- 2. Have routine checkups to detect tumors early.
- 3. Each woman is recommended to get a Pap smear every 1-2 years to help detect any changes in cervical cells.
- 4. Maintain good personal hygiene.
- 5. Quit smoking.



Clinical Health Education Department

For further questions kindly contact us via email: <u>Hpromotion@moh.gov.sa</u>